

4th Annual Trail Run - 12 K & 4 mile

April 3, 2010

Pig Roast!

Ni-Bthaska-Ke is the Omaha Tribe name for the Platte River, which means flat water.

This 12k Trail Run is mostly a single-track course.

It is scenic, ruggedly challenging, and a blast!

The toughest trail in the Midwest!

UNIQUE CAST IRON AWARDS

Come for the race, stay for the hog!

WHERE: PLATTE RIVER STATE PARK

14421 346th St. Louisville, NE 68037

5 miles South of I-80 on HWY 50

For cabin rental & park information:

402-234-2217

Start and Finish: Mallet Picnic Area

Parking available at Mallet Picnic Area and



the pool area

WHEN: Saturday, April 3 - 10:00 AM



Start

- \$25.00 PRE-REGISTRATION (Before March 26th)
T-shirt guaranteed to pre-registered participants only.
- \$30.00 DAY OF RACE
Race day registration and packet pick up 8:30 - 9:45

Funding in part by Cass County Tourism: www.visitcasscounty.com

For online registration & general info: www.NE12K.com or www.teamnebraska.com

Name _____ Age on 4.03.10 _____ SEX _____

Address _____ City _____ Zip _____ 4mile or 12k

Email _____ Phone _____

T-shirt size: S M L XL T-Shirts guaranteed to all entries received before March 26, 2010

Waiver (entry invalid if not signed)

I hereby assume the risk of participating in any of the activities sponsored by the Nebraska Running Club and Ni-Bthaska-Ke trail organizing committee in the Ni-Bthaska-Ke Trail Run on April 3, 2010. In return for permitting me to participate in such activities, I on behalf of myself, my legatees, administrators and assigns, HEREBY WAIVE, RELEASE, AND DISCHARGE ANY AND ALL LIABILITY, CLAIMS AND CAUSES OF ACTION AND AGREE NOT TO SUE Nebraska Running Club, members of the organizing committee, race volunteers, or any other sponsors of the event regardless of whether they contributed financially. Further, I release any officers, agents, servants and employees in connection or arising from any illness or personal injury (including death) which I may incur as a result of my participation in the Ni-Bthaska-Ke Trail Run.

Signature _____ Date _____

Guardian (If under 18) _____ Date _____

MAKE CHECKS PAYABLE TO: NEBRASKA RUNNING CLUB.

MAIL PAYMENT TO: Ni-Bthaska-Ke 12K @ 19321 Holmes Street, Omaha NE 68135